### RPL Standard



SISXRES001 Conduct sustainable work practices in open spaces

**How to complete this form:**

Complete all areas in **blue** on the following pages by providing information on your previous skills and qualifications using the information below as a guide.

**Unit Description:**

### This unit describes the performance outcomes, skills and knowledge required to plan and conduct work in open spaces while upholding sustainable practices. This unit requires the ability to conduct research of the current land condition, capability, uses and practices, and develop and implement strategies to achieve sustainable practices for outdoor programs and activities. To gain RPL for this unit of competency the applicant must meet the following benchmarks along with providing evidence that their current level of knowledge and skills is

relevant to all performance criteria, knowledge and **performance evidence**.

**The applicant must provide evidence of the following to gain RPL for this unit:**

* The applicant must have industry experience within a health/fitness service where direct client contact is involved, this can be within work placement from previous fitness courses.
* Applicants who may have completed a similar unit within a health/fitness course
* The applicant who may have work experience in operation or program managers who are responsible for planning, implementing and evaluating sport, recreation or fitness programs and activities across a range of outdoor environments. Working autonomously with responsibility for management of resources and upholding of sustainable work practices.
* The applicant must demonstrate knowledge of all Performance Criteria, Essential Knowledge and Skills

**Example Evidence:**

* Relevant transcript & certificate
* Evidence of working within the industry
* Evidence of applying minimal impact techniques
* Evidence to acquire information for monitoring environmental and social impact, including what observations and measures and how specific data is recorded.
* Completion of ACFB e-learning quiz/oral questioning to assess knowledge requirements. If required, this will be organised after enrolment.

**Evidence documents MUST include, but not limited to:**

* Submission of evidence of completing environmental impact research on the possible environmental impact of completing fitness sessions in five (5) different environments in open spaces
* The applicant must provide evidence of planning and conducting the fitness session for at least three (3) sessions of the above environments where the impact assessment was conducted with evidence of how the environmental impacts were minimised, including;
* Local government requirements
* Industry codes of practice
* Provision of advice to clients regarding the use of open spaces
* Management of client behaviour in open spaces
* Copy of handling and disposal of waste instructions if required
* Copy of permits if required

### *Unit Evidence Description*



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| **Applicant Name** |  |  |  |



| ***SIS30315 & SIS40215*** | | Certificate IV in Fitness | | **SISXRES001** | Conduct sustainable work practices in open spaces | **Office Use Only** | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Unit Type:** Elective | | **Prerequisite:** None | | **Sufficient** | **F.E.R.** |
| **Elements / Performance Criteria** | | | **EVIDENCE** *(Applicant; Explain in detail how your evidence relates to the required knowledge listed)* | | |  |  |
| **1. Plan sustainable activities for work in open spaces** | | | | | | | |
| 1.1 | Determine opportunities and options for using open space within the local community. | |  | | |  |  |
| 1.2 | Review and document relevant codes of practice and local government requirements for use of open space. | |  |  |
| 1.3 | Consult with colleagues and other stakeholders about issues of responsibility for environmental and social sustainability. | |  |  |
| **2. Conduct minimal impact activities** | | | | | | | |
| 2.1 | Select and use minimal impact techniques and procedures appropriate to the area. | |  | | |  |  |
| 2.2 | Conduct activities using positive sustainable outcomes for local communities and environments. | |  |  |
| 2.3 | Advise clients of appropriate behaviours in open space environments and address any unacceptable behaviours. | |  |  |
| **3. Monitor impacts and changes** | | | | | | | |
| 3.1 | Monitor and record changes in the natural environment using appropriate technology. | |  | | |  |  |
| 3.2 | Monitor and record changes in the natural environment using appropriate technology. | |  |  |
| 3.3 | Advise appropriate authorities of environmental and social change promptly. | |  |  |

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| **Knowledge Evidence** | **EVIDENCE**  (please explain in detail how your evidence relates to each of the required skills listed) | **Office Use Only** | |
|  | | **Sufficient** | **F.E.R.** |
| Legislation, regulations and land management requirements and guidelines:   * Permits in national parks or on land under control of traditional owners * Restrictions on camp site operations and use of open fires |  |  |  |
| Global environmental issues, in particular a layperson understanding of the science associated with:   * Climate change * Energy * Land management * Waste and consumption * Water |  |  |  |
| Environmental and social impacts of sport, fitness or recreation industry in relation to global environmental issues in particular sites and communities |  |  |  |
| Practical sustainability considerations for sport, fitness or recreation operations, incorporating those related to:   * Environmentally or culturally sensitive areas and associated minimal impact practices * Handling and disposal of waste, including human waste * Industry codes of practice * Use of water sources |  |  |  |
| Minimal impact techniques and procedures in relation to:   * Activity-specific guidelines * Energy use * Group size * Interaction with wildlife * Local customs and courtesies * Noise * Setting of camps * Souveniring * Use of tracks * Waste disposal |  |  |  |
| Biophysical and socio-cultural elements in an environment and the relationship between them |  |  |  |
| Information collection techniques for monitoring environmental and social impact, including what is observed and measured and how specific data is recorded. |  |  |  |

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| **Performance Evidence** | **EVIDENCE** *(This evidence will be collected via documents outlined on the 1st & 2nd page)* | **Office Use Only** | |
|  | | **Sufficient** | **F.E.R.** |
| * Plan and conduct at least three sessions in two or more open space environments to minimise environmental impacts of sport, fitness or recreation activities | *This evidence will be collected via submission of documents listed on page 1 & 2 & oral questions.* |  |  |
| * For each of the sessions incorporate: * Local government requirements * Industry codes of practice * Provision of advice to clients regarding the use of open spaces * Management of client behaviour in open spaces | *This evidence will be collected via submission of documents listed on page 1 & 2 & oral questions.* |  |  |
| * Provide feedback on the environmental impact of at least five sport, fitness or recreation activities conducted in open spaces. | *This evidence will be collected via submission of documents listed on page 1 & 2 & oral questions.* |  |  |

**Office Use Only**

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| **RPL Outcome** | | | | |
| **RPL Achieved** | Yes □ | No □ | |
| **Further Evidence Required** | Yes □ | No □ | |
| **Further Evidence *(list of required evidence)*** | | | | |
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| *RPL Assessor Name:* | | | *Date:* | |