### RPL Standard

### HLTAAP002 – Confirm Physical Health Status

**How to complete this form:**

Complete all areas in **blue** on the following pages by providing information on your previous skills and qualifications using the information below as a guide.

**Unit Description:**

This unit of competency describes the skills and knowledge required to obtain and interpret information about client health status and to check a client’s physical health. It requires a detailed knowledge of anatomy and physiology. To gain RPL for this unit of competency the applicant must meet the following benchmarks along with providing evidence that their current level of knowledge and skills is relevant to all performance criteria, knowledge and performance evidence.

**The applicant must provide evidence of the following to gain RPL for this unit:**

* The applicant must have industry experience within a health service where direct client contact is involved.
* Have completed work with clients where health information is analysed and services are planned for clients presenting with a variety of specific conditions
* Applicants may have completed a similar unit within a health course however there must be evidence of assessing clients (minimum 3) health status based on observations, physical assessments and interpretation of client tests
* The applicant must demonstrate knowledge of all Performance Criteria, Essential Knowledge and Skills

**Example Evidence:**

### Relevant certified transcript & certificate

* Completion of ACFB e-learning quiz/oral questioning related to anatomy, physiology and pathology may be required

**Evidence documents may include, but not limited to:**

### Evidence of work within a health industry where direct client consultation is completed

* Submission of client (at least 3 different people presenting with different conditions) documents with client identifiers blanked out, demonstrating the ability to work with clients with a variety of presenting conditions

### Completion of ACFB e-learning quiz/oral questioning related to anatomy, physiology and pathology may be required

### *Unit Evidence Description*

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| **Applicant Name** |  |  |  |

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| HLT52015 | Diploma of Remedial Massage | **HLTAAP002**  | **Confirm Physical Health Status** | **Office Use only** |
| **Type of Unit:** Core | **Prerequisite:** None | **Sufficient** | **F.E.R.** |
| **Elements / Performance Criteria** |  |  |  |
| **1.** **Obtain information about physical health status** |
| 1.1 | Obtain accurate information about physical health status through observation, questioning or review of documentation |  |  |  |
| 1.2 | Interpret information based on understanding of the structure and functioning of body systems |  |  |
| 1.3 | Use information to identify any actual or potential problems regarding health status |  |  |
| 1.4 | Take into account factors that may have impacted on an identified physical condition |  |  |
| **2. Check physical health status** |
| 2.1 | Make checks of client health status prior to delivery of health intervention using knowledge of body systems |  |  |  |
| 2.2 | Clarify significance of physical health status in relation to a particular intervention in line with job role and organisation requirements |  |  |
| 2.3 | Clarify implications and significance of physical health status with appropriate people in the case of uncertainty or limits on own capability or authority |  |  |

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| **3. Identify variations from normal physical health status** |
| Identify variations from normal health status using standard methods and protocols |  |  |  |
| Identify potential factors responsible for significant variations from normal health status |  |  |
| Identify potential risk factors associated with variations from normal health status |  |  |
| Recognise and refer potentially serious issues in line with organisation requirements |  |  |

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| **Knowledge Evidence** | **EVIDENCE** (please explain in detail how your evidence relates to each of the required knowledge listed) |  |
| Role responsibilities and limitations for different members of the care team in relation to checking client health status |  |  |  |
| Concepts underpinning human anatomy and physiology, including:* Levels of structural organisation of body systems
* Human life processes
* Homeostasis and the relationship between homeostatic imbalance and disease
 |  |  |  |
| Structure and function of human body systems and their interactions:* Cells, tissues and organs
* Cardiovascular system
* Respiratory system
* Musculo-skeletal system
* Endocrine system
* Digestive system
* Urinary system
* Reproductive system
* Integumentary system
* Lymphatic system
* Nervous system, including sensory systems – eye and ear
* The special senses – smell, taste, vision, equilibrium and hearing
* Immune system
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| Anatomical and medical terminology:* When referring to the human body
* When taking measurements in different body systems
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| Common disorders, problems and complaints and their signs and symptoms, associated with each body system and its components relevant to the area of work |  |  |  |
| Basic pharmacology in relation to cautions and contraindications for relevant health procedures  |  |  |  |
| Causes of disease – physical, mental and emotional, and key features of each cause:• pathogens• inherited genetic conditions• trauma, toxins and other environmental hazards• nutritional factors• impacts caused by health interventions (iatrogenic)* degenerative changes in vital organ systems the loss of normal control mechanisms such as the uncontrolled growth of cancer cells
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| Major types of cellular adaptation |  |  |  |
| Processes of:* metabolism,
* nutrition,
* body temperature regulation,
* biological maturation,
* inheritance and ageing
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| Oral health disease of the mouth and teeth including edentulous (no-natural teeth) and dentate (having natural teeth) |  |  |  |
| Variations from normal functioning and appropriate responses in terms of:* referral to an appropriate medical, dental, nursing or allied health professional
* provision of appropriate health/dental care services
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| **Performance Evidence** | **EVIDENCE** *(This evidence will be collected via documents outlined on first page)* | **Office Use Only** |
|  | **Sufficient** | **F.E.R.** |
| Obtained, correctly interpreted and used anatomical and physiological client information to check the physical health status of at least 3 different people presenting with different conditions | *This evidence will be collected via submission of documentation requested on the first page.* |  |  |

**Office Use Only**

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| **RPL Outcome** |
| **RPL Achieved** | **Yes** □ |  |
| **Further Evidence Required** | **No** □ |  |
| **Further Evidence *(list of required evidence)***  |
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| *RPL Assessor Name:*  | *Date:*  |